

OCTOBER 2018

Student Prices
 Daily.....\$1.25
 Daily (Reduced).....\$0.30
 Weekly (Reduced).....\$1.50

Adult Prices
 Daily.....\$1.75



BREAKFAST MENU

Menu subject to change based on availability.
 Assorted items are available at à la carte prices. Kindergarten students may either be served a daily lunch entrée of their choosing (complete with assorted side dishes), or request to be served a Salad Entrée instead (available everyday). Lunch entrée offerings will always include at least one vegetarian option to choose from. Students will be offered milk with their lunch selections. All meals served by Fort Bend ISD are nut cautious and pork-free. Lunch Meal Calories: Minimum 550 calories, Maximum 650 calories. For more information, contact the Fort Bend ISD Child Nutrition Office. **Phone:** (281) 634-1855 **Online:** www.fortbendisd.com/childnutrition

This institution is an equal opportunity employer.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancakes
with Syrup

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

2

Scrambled Eggs
& French Toast Sticks
(platter)

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

3

Cinnamon
Roll

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

4

Texas Breakfast
Two-Step

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

5

Pancake & Sausage
on a Stick

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

8

Honey
Bun

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

9

Scrambled Eggs
& Pancake
(platter)

Cereal & Cinnamon
Toast

OR

Yogurt & Cinnamon
Toast

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

10

French Toast Sticks
with Sausage

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

11

Breakfast
Pizza

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

12

Honey Chicken
Biscuit

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

15

Cheesy Scrambled Eggs &
Tater Tots with
Toast

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

16

Fruit & Yogurt
Parfait
with granola

Cereal & Cinnamon
Toast

OR

Yogurt & Cinnamon
Toast

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

17

Red, White, & Blue
Funnel Cake

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

18

Sausage, Egg, & Cheese
Croissant

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

19

Student
Holiday

22

Pancakes
with Syrup

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

23

Scrambled Eggs
& French Toast Sticks
(platter)

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

24

Cinnamon
Roll

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

25

Texas Breakfast
Two-Step

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

26

Pancake & Sausage
on a Stick

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

29

Honey
Bun

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

30

Scrambled Eggs
& Pancake
(platter)

Cereal & Cinnamon
Toast

OR

Yogurt & Cinnamon
Toast

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

31

French Toast Sticks
with Sausage

Cereal & Toast
with jelly

OR

Yogurt & Toast
with jelly

served with:

Seasonal fruit of the day,
apple juice or orange juice,
and choice of milk

Help Us Celebrate
*National School
Lunch Week*
by joining us for lunch everyday in the
cafeteria the week of
October 8-12!

